



## Support Groups

The Alzheimer's & Dementia Resource Center provides facilitated support groups for caregivers providing care to persons living with some form of dementia. No reservation is necessary.

*Support Groups are sponsored by ADRC, University of Central Florida, The Department of Elder Affairs, Senior Resource Alliance and various community partners.*

### **Winter Park**

2nd Wednesday, 6 p.m.

Fannie's Friends: A Support Group For Adult Daughters and Adult Granddaughters  
1925 Mizell Avenue , Winter Park, FL 32792  
Advent Health Winter Park Conference Center

### **MAITLAND**

2nd Thursday, 10 a.m.

Maitland Presbyterian Church  
341 N. Orlando Avenue, Maitland, FL 32751 Conference Room

### **OCOEE**

2nd Tuesday, 6 p.m.

West Orange: Health Central Hospital  
10000 W. Colonial Drive, Ocoee, FL 34761  
Held in Auxiliary Room on the First Floor

### **WINTER PARK**

2nd Tuesday, 10 a.m.

Easter Seals  
2010 Crosby Way (formerly known as Mizell Ave.)  
Conference Room  
Winter Park, FL 32792

### **SANFORD**

1st Tuesday, 6:30 p.m.

Atria Park of Lake Forest  
5433 West State Road 46, Sanford, FL 32771

### **WINTER PARK – MEN'S**

1st & 3rd Thursdays, 10 a.m.

Men's Breakfast Club at Denny's  
2684 Lee Road, Winter Park, FL 32789  
An informal gathering of male caregivers.

**Alzheimer's & Dementia Resource Center**  
**715 Douglas Avenue, Altamonte Springs, FL 32714**  
**www.ADRCCares.org • (407) 436-7750**