

Exercise A Key to Good Health



Christine Schnitzer of Walk 500, leads Glenbrooke residents in walking exercise

One-Stop Shopping for Elders' Needs

If you are an adult child of an aging parent, or a senior in search of some answers, you will have a one-stop resource, located under one roof in a senior complex that is expected to open at the end of the year.

One Senior Place, the brainchild of Don Kramer, president of Senior Partner Care Services, an eight-year-old local health care company, is expected to open its doors by the end of this year.

Centrally located on Spyglass Hill Road two minutes from I-95 and Wickham Road in Viera, the four-million-dollar campus will offer office and showroom space focused on care and services for Space Coast seniors, social gathering places and a resource library.

The one-story, 13,000-square-foot facility "will have computers and information lining the walls from every non-profit and government agency. A geriatric care manager will be onsite during business hours to introduce you to resources in the library and make referrals."

A project like this with a senior theme? "I've never found one," Kramer says. "A few years from now that won't be the case," he laughs, adding, "it's so compellingly logical! Here you have a tremendous need for elder care and services. It's exploding.

Currently, many of the services available to seniors are spread throughout Brevard. The One Senior Place "shopping mall" concept will offer an efficient one-stop cross section of services, including home health care agencies, physical therapists, medical equipment retailers, professional elder care managers, elder law attorneys, senior financial planners, even travel agents.



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