

To tell or not to tell... That is the question!

Family members often struggle with whether they should tell their loved one about the diagnosis of Alzheimer's disease or other progressive dementia. Certainly none of us relish being the bearer of bad news and we all want to protect our loved ones, but there are many reasons why we should tell the truth, especially given this difficult situation.

Here are just a few reasons -

- > Early diagnosis and medical treatment can help sustain quality of life.
- > The patient is able to play an active role in planning for the future.
 - For example, the patient can ensure that legal documents are in place to protect their wishes when they are no longer capable of making such decisions – before the more advanced stages of the disease.
 - Ensure optimal life experiences are achieved while the patient is still capable. Do those things you always wanted to do!
 - If desired consider possible enrollment in research programs.
 - Participate actively in Alzheimer support groups.

Life is precious! For many, receiving the diagnosis of Alzheimer's gives them the opportunity to ask themselves – "What do I want my legacy to be?" And receiving the truth allows them the time to ensure their legacy is passed on.



MEMORY RESOURCE CENTER

One Senior Place
8085 Spyglass Hill Road
Viera, FL 32940
(321) 253-6320

www.OneSeniorPlace.com/legacy

Calendar of Events

FREE CONSULTATIONS

Monday – Friday 9:00 a.m. – 5:00 p.m.

Legacy Harbor Memory Resource Center is open to offer a one-stop source of information, education, counseling, support, and referrals. One-on-one consultations are available with a Care Manager. Appointments suggested call 253-6320.

Consultations with Cindi Timmerman, MSW Brevard Alzheimer's Foundation. An individualized consultation with this healthcare professional. Call 253-6320 for more information.

MEMORY SCREENINGS

Appointment necessary!

FREE Memory Screenings. Call 253-6320 for information or to make an appointment.

SUPPORT GROUPS

1:30 – 3:00 p.m.

Safe Harbor During the Storm - Support Group

The 2nd and 4th Thursdays of the month are the time to share gentle conversation, care & understanding for those facing the uncertainty of caring for a loved one experiencing memory loss and dementia. Hosted by Rev. Donna Carey, VITAS Innovative Hospice Chaplain. For more information call Legacy Harbor at 253-6320

FREE consultations for anyone with questions related to dementia, memory loss or Alzheimer's disease.

