

Door Prizes • Tips & Strategies • Education • Refreshments



One Senior Place presents the 4th Annual Senior Living Options Day

Friday, March 5th from noon to 4 pm

One Senior Place is putting the **Options in Senior Living!**

Join us to meet the elder care experts who will help you understand all the different opportunities for senior living here in Brevard County:

- Learn what you need to know NOW
- Which Senior Living Option is right for you?
- Legal considerations
- Private consultation with a Care Manager
- Information, tips, strategies and straight answers

For more information, visit online at www.OneSeniorPlace.com or call 321-751-6771

Hosted by:



Event Sponsors:



Special thanks to our Season Sponsors:



One Senior Place • 8085 Spyglass Hill Road • Viera, FL 32940 • 321-751-6771 • www.OneSeniorPlace.com

There are many options for senior living in Brevard!

Come and visit with them all, “all in one place” – One Senior Place.

Friday, March 5th 12 Noon until 4pm

Noon – Help yourself to refreshments and browse the vendor displays

A wide variety of living options will be showcased –

55+ Communities

Skilled Nursing Facilities

Assisted Living Communities

Independent Living Communities

Equity Based Communities

Continuing Care Retirement Communities

And, much more...

1pm “The Psychology of the Aging Process” Susan G. Schneider, MD, fellowship trained & board certified in Geriatric Medicine will offer practical tips on how best to understand and approach the “Challenges of Change.” This informative presentation will examine and explain the importance of family/children being tuned into their parents’ aging and medical needs, as well as ensuring you are addressing your own needs while aging.

2:30pm “TOO Much Choice?” Making the right senior living choice should not be overwhelming! Let our senior living experts lay the groundwork and offer you strategies and tips to help you understand what options are best suited for your particular living needs. Presented by Donna Sargent, Director, One Senior Place and Suzie Zenker, RN, Care Manager, One Senior Place Care Management.

ALL DAY – Celebrity Chef Competition! Area senior living communities will showcase the culinary flair of their chefs

This FREE event is a service of One Senior Place.

For more information, call 321-751-6771 or visit online at www.OneSeniorPlace.com

Watch for our Memory Health Day on Friday, April 16!

Community Partners



One Senior Place is located off I-95 exit 191
8085 Spyglass Hill Road, Viera, FL 32940
www.OneSeniorPlace.com