

SPECIAL EVENTS

- Reverse Mortgage Seminar by VanDyk Mortgage Company Tues, July 14th at 10:30am & Thurs July 30th at 10:30am
- AARP Driver Safety Tuesday, July 14th & Thurs, July 16th 12:30-4:30pm. Call to register 242-9768 Fee \$14/ \$12 for AARP members
- Estate Planning and Advance Directives by office of Wm. A. Johnson Thursday, July 23rd at 10:00am.
- Alzheimer's Caregiver Training Monday, July 20th 1:00 to 4:00pm, RSVP by calling 253-6320.
- Medicaid Planning by Wm. A. Johnson Tuesday, July 21st at 10:00am.
- "Solutions for the Aging Spine" presented by The Deuk Spine Institute Friday, July 31st at 12:00. To RSVP call (888) 954-3576



*Home of the
free
because of the
brave...
Have a Safe &
Happy
4th of July!*

July 2009

ONE SENIOR PLACE
8085 Spyglass Hill Road
Viera, FL 32940
(321) 751-6771
www.OneSeniorPlace.com



"Revolutionizing the way America shops for elder care and services."

REGULAR EVENTS

- "Seniors on Strength" Fitness Hour" sponsored by The Fountains. Select Thursdays at 8:30am. For info call Libbi Hash at the Fountains 984-1494.
- Brevard Users Group (BUG Club) - Monday, July 6th,
- Brevard Users Group Financial Club—Monday, July 6th 3:00pm

ONE SENIOR CLUB ACTIVITIES

Membership Fee \$10

- Active Senior Club each Wednesday 9:30-3:00
- Bridge 9:30 each Wednesday
- Tai Chi 10:00 each Friday

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 8:30 Seniors Strength"	3 10:00 Tai Chi	4 Office Closed in observance of 4th of July
5	6 2:00 BUG Club— Computer Class 3:00 BUG Financial Club	7 9:30 TOPS	8	9 8:30 Seniors Strength" 1:30 Legacy Harbor Caregiver Support Group	10 9:00 Legacy Harbor Consultations (by appt)	11
12	13	14 9:30 TOPS 10:30 Reverse Mortgage Seminar 12:30 AARP Driver Safety 2:00 "Living With Loss"	15	16 8:30 Seniors Strength" 12:30 AARP Driver Safety	17 10:00 Tai Chi	18
19	20 1:00 Alzheimer's Caregiver Training	21 9:30 TOPS 10:00 Medicaid Planning	22	23 8:30 Seniors Strength" 10:00 Estate Planning Seminar 1:30 Legacy Harbor Caregiver Support Group	24 9:00 Legacy Harbor Consultations (by appt) 2:00 BUG Club	25
26	27	28 9:30 TOPS 2:00 "Living With Loss"	29	30 10:30 Reverse Mortgage Seminar	31 12:00 Solutions for the Aging Spine	
		<u>SUPPORT GROUPS</u>		<p>Legacy Harbor Memory Resource Center (321) 253-6320</p> <ul style="list-style-type: none"> • Brevard Alzheimer's Foundation free consults by appt on Fri July 10th & 24th 9-12pm • Alzheimer's Caregiver Support Group—2nd and 4th Thursdays at 1:30pm • Memory Screenings (by appt) 		
<ul style="list-style-type: none"> • VITAS Hospice "Living With Loss" Support Group 2nd & 4th Tuesdays 2:00 • TOPS Taking Off Pounds Sensibly Tuesdays at 9:30 						